

The Power of Prewarming

A little warmth can go a long way ...

Warming patients preoperatively with the 3M™ Bair Hugger™ warming gown system adds to the total heat content of the body. Even if your patient is normothermic in pre-op, adding some warmth to the body helps to minimise body temperature drop that occurs after anaesthesia induction.¹

A little warmth can go a long way. Implementing patient warming preoperatively can help improve patient outcomes², reduce anxiety⁴, and increase satisfaction levels.³

Easy steps to successful warming

1. Always attach the Bair Hugger warming gown to the Bair Hugger patient adjustable warming unit preoperatively.

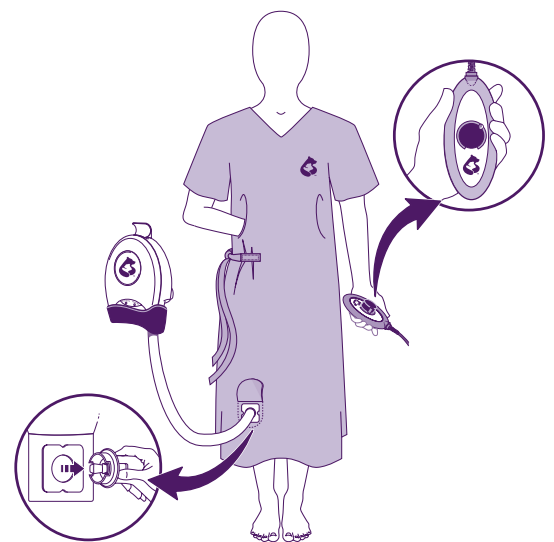
Unlike passive warming methods such as cotton gowns and warmed cotton blankets, the Bair Hugger gown actively warms by continuously adding heat to the body through forced-air warming. To initiate active warming, simply attach the Bair Hugger patient adjustable warming unit hose to the Bair Hugger gown. Turn on the unit controller to the highest temperature setting and give the controller to the patient. Educate the patient about the importance of prewarming. For maximum clinical benefit, encourage patients to utilise the highest possible temperature setting and then adjust as needed if they become uncomfortable or begin to sweat. Continuous airflow is recommended for optimum patient comfort.

2. Monitor your patients' intraoperative temperatures and adjust the Bair Hugger warming unit's temperature setting accordingly.

Warming patients before surgery can help decrease the amount of core body temperature drop that occurs after the induction of anaesthesia.¹ Therefore when initiating intraoperative warming with the Bair Hugger warming unit, you may need to slightly modify your current warming practices to avoid overheating patients.

3. Check PACU temperature status.

Studies have shown that prewarmed patients arrive in PACU warmer than non-prewarmed patients.⁵ If you should notice that patients are uncomfortably warm, connect the Bair Hugger gown to the Bair Hugger patient adjustable warming unit and turn on to the ambient setting.



Temperature Modes



>36°C